



BUCKINGHAM PALACE

2nd December 2025

Dear Ms O'Brien,

The Princess Royal has asked me to thank you for your recent letter concerning the charity Tempus Group. Her Royal Highness was grateful to you for explaining the aims of the charity and for sharing your personal story. The Princess Royal hopes that your physical symptoms improve as a result of learning more about your condition.

Her Royal Highness sends you and all at Tempus Group her best wishes for the future.

Yours Cath Skinner

Lieutenant Colonel Catherine Skinner
Deputy Private Secretary to
HRH The Princess Royal

Ms Lisa O'Brien (via email)